

The Bible - Week 13 (March 28)

Eric Swanson / General

Psalms + Proverbs

Author: These are attributed too many different authors, from Moses to David and Solomon, the songs of Korah and Asaph plus many others. Proverbs is heavily Solomon in expected authorship.

Date: Psalms is over a very long expanse of Hebrew history (1,000 years or so) and Proverbs is from 900's BCE to 700's BCE.

Audience: To all of Isreal, for knowledge and ways to express ones relationships with God and people.

Reason: Mostly I would argue that both of these are daily life primers.

Theme: Knowing and sharing God

Key Verse:

Psalm 19:14 CEB

¹⁴ Let the words of my mouth and the meditations of my heart be pleasing to you, LORD, my rock and my redeemer.

Proverbs 1:5 CEB

⁵ The wise hear them and grow in wisdom; those with understanding gain guidance.

Sections: Psalms has 5 natural book breaks found in most Bibles. Proverbs: Father to Son wisdom (Ch 1-9), Solomon 1.0 (Ch 10-22), Common Wisdom (Ch 23-24), Solomon 2.0 (Ch 25-29), Agur and Lemuel (Ch 30-31)

Key Words: Wisdom, Praise, Prayer, Hope, Messiah,

Understanding, Righteousness.

Basic Intro: Psalms is one of the most read books in the Bible because it is easy to read and deals with common emotions. Proverbs comes to us after Solomon in 2nd Chronicles asks God for Wisdom instead of wealth or power. He tried his hardest to share to us how to have a good life.

Questions for Discussion:

- **What is your favorite Psalm + Proverb?**
- **Does the emotional side of the Bible help you understand God better?**
- **What ways do the Proverbs challenge you to be a better person today?**
- **What ways are these scriptures disconnected from you today?**
- **How might you write a modern Psalm or Proverb to change your community? Try sharing that with us now.**